



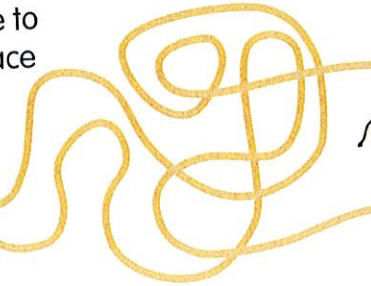
My name is _____

IN THE GOSPEL TODAY

Jesus realises that his friends have been working very hard spreading the Good News. He knows they need to rest and pray, so Jesus tells them they must all go to a quiet place for a while.

BE STILL

Jesus and his friends rowed across the lake to find a quiet place to rest.

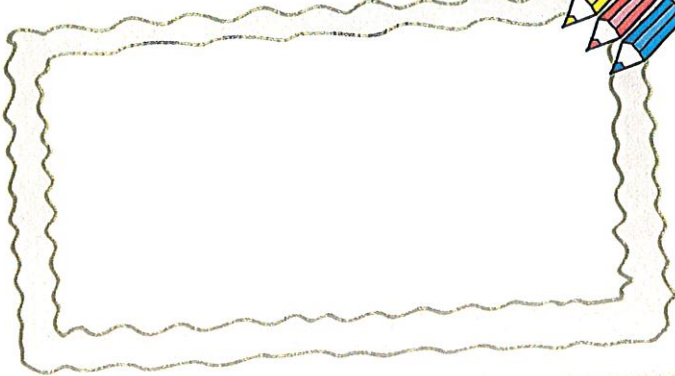


Which beach should they land on?

My quiet place

Have you got a quiet place you can go to when you are tired? Draw it here.

or draw somewhere from your imagination that is peaceful.



Which is the quietest?

Put these objects in order in order starting with the quietest.



A PRAYER TO SAY

Dear Father in heaven, sometimes I am so busy that I forget to have some quiet time with you. Help me remember that you are always with me, just waiting for me to give you some time. Amen.

Wordsearch

Find these words about being quiet.

- REST
- QUIET
- PRAY
- STILL
- LISTEN
- SILENCE

X	P	D	V	W	Z	T
S	I	L	E	N	C	E
T	B	I	G	P	K	I
I	J	S	Y	P	H	U
L	Q	T	S	A	G	Q
L	R	E	S	T	R	U
C	D	N	T	G	F	P